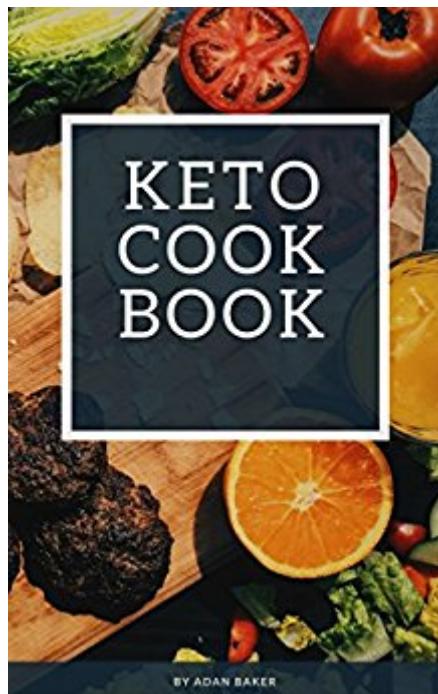


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# KETO COOK BOOK



## Synopsis

Have you been considering the keto diet to help you to lose weight? Do you think this new diet might be a little too challenging? Then this book is just what you need! Prefaced by a brief introduction to everything that you need to know about the keto diet, this book then covers thirty delicious but EASY keto recipes that are designed to set you up for success! Through this Book You will find 100+ Ketogenic Recipes .

## Book Information

File Size: 4460 KB

Print Length: 178 pages

Simultaneous Device Usage: Unlimited

Publication Date: March 10, 2017

Sold by: Digital Services LLC

Language: English

ASIN: B06XJD9YZ1

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Screen Reader: Supported

Enhanced Typesetting: Enabled

Best Sellers Rank: #17,598 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #9 in Kindle Store > Kindle eBooks > Health, Fitness & Dieting > Diets & Weight Loss > Food Counters #23 in Books > Health, Fitness & Dieting > Diets & Weight Loss > Food Counters #2670 in Kindle Store > Kindle eBooks > Nonfiction

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